

24) For whosoever will save his life shall lose it: but whosoever will lose his life for my sake, the same shall save it. *Luke 9.24*

25) If any man serve me, let him follow me; and where I am, there shall also my servant be. *John 12.26*

26) Seeing we also are compassed about with so great a cloud of witnesses, let us lay aside every weight, and the sin which doth so easily beset us, and let us run with patience the race that is set before us. *Heb. 12.1*

27) The Lord will not cast off for ever: for he doth not afflict willingly nor grieve the children of men. *Lam 3.31.*

28) God has made everything beautiful in its time; also he has put eternity into man's mind. *Eccl. 3.10-11*

29) Do not be anxious about your life, what you shall eat or what you shall drink, nor about your body, what you shall put on. Is not life more than food, and the body more than clothing? *Matt 6.25*

30) I am sure that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord. *Rom 8.38-9*

31) God will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning nor crying nor pain any more, for the former things have passed away." *Rev 21.3-4*

ONE SENTENCE EVERY DAY

This is a resource for anyone who is finding it hard to pray. Sometimes it helps to use other people's words, as well as your own. These 31 short passages are arranged roughly by subject-matter; or you can just choose one each day according to your situation. You can print it out as a leaflet to keep with you.

IN TIME OF TROUBLE

1) Fear not, little flock. *Luke 12.32*

2) Have no anxiety about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which passes all understanding, will keep your hearts and your minds in Christ Jesus. *Phil. 4.6-7*

3) Thou art a place to hide me in, thou shalt preserve me from trouble: thou shalt compass me about with songs of deliverance. *Psalms 32.8*

4) Hear me when I call, O God of my righteousness: thou hast set me at liberty when I was in trouble; have mercy upon me and hearken unto my prayer. *Psalms 4.1*

5) As for me, I am poor and needy: but the Lord careth for me. Thou art my helper and redeemer: make no long tarrying, O my God. *Psalms 11.20-21.*

6) Hear my prayer, O God. Take heed unto me, and hear me : how I mourn in my prayer, and am vexed. I said, O that I had wings like a dove : for then would I flee away, and be at rest. *Psalm 55.1, 2, 6*

7) Be merciful unto me, O God, be merciful unto me, for my soul trusteth in thee: and under the shadow of thy wings shall be my refuge, until this tyranny be over-past. *Psalm 57.1*

8) Seeing that we have a great High Priest, that is passed into the heavens, Jesus the Son of God, let us come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need. *Heb. 4.14, 16.*

9) Blessed are those who mourn, for they shall be comforted. *Mt. 5.4*

10) Be strong and of good courage; be not frightened, neither be dismayed; for the LORD your God is with you wherever you go. *Joshua 1.9*

THANKSGIVING

11) O send out thy light and thy truth, that they may lead me, and bring me unto thy holy hill, and to thy dwelling. *Psalm 43. 3.*

12) Lord, I have loved the habitation of thy house, and the place where thine honour dwelleth. *Psalm 26. 8.*

13) Turn us again, O God: shew us the light of thy countenance and we shall be whole. *Psalm 80.1*

14) My soul hath a desire and longing to enter into the courts of the Lord: my heart and my flesh rejoice in the living God. *Psalm 84.2.*

15) It is a good thing to give thanks unto the Lord : and to sing praises unto thy Name, O most Highest. To tell of thy loving-kindness early in the morning : and of thy truth in the night-season. *Psalm 92.1*

16) O worship the LORD in the beauty of holiness; let the whole earth stand in awe of him. *Psalm 96. 9.*

17) O Lord how manifold are thy works: in wisdom hast thou made them all; the earth is full of thy riches. *Psalm 104.24.*

18) Thy hands have made me and fashioned me: O give me understanding, that I may learn thy commandments. *Psalm 119.73.*

19) Behold, how good and joyful a thing it is: brethren, to dwell together in unity. *Psalm 133.1*

20) Yea, the darkness is no darkness with thee, but the night is as clear as the day: the darkness and light to thee are both alike. *Psalm 139.11*

21) Let my prayer be set forth in thy sight as the incense; and let the lifting up of my hands be an evening sacrifice. *Psalm 141. 2.*

22) Thanks be to God, which giveth us the victory through our Lord Jesus Christ. *1 Cor 15.57.*

HAVING FAITH

23) Holy, holy, holy, is the LORD of hosts: the whole earth is full of his glory. *Isaiah 6. 3.*